

*As the world of technology expands, I feel strongly that we must not exclude the elderly. As a Teacher, I am very proud of my "Silver Surfer" students; so many of them have come a long way. I am excited knowing that my computer classes will keep growing as more Seniors refuse to be left behind.*



technology  
support

### Students will be able to:

- Get information on any subject
- Find a friend on the net
- Play games
- Search your library for books
- Communicate with your doctor
- Communicate by e-mail with friends and relatives around the world

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technology  
consulting



## simplifying COMPUTERS for Seniors

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**THERE IS A RESOUNDING MOTIVATION FOR LEARNING NEW THINGS WHEN YOUR INDEPENDENCE IS ON THE LINE.**

As a teacher, my goal is to address and reduce the increasing “digital divide” that defeats senior citizens.

When the personal computer revolution began decades ago, Seniors were much less likely to use one of the marvelous new machines. Then when the Internet began to change life as we know it, Seniors had less access to the Web and slower online connections—placing them on the wrong side of the “digital divide”. Pressure to join the computer age is everywhere. People and businesses commonly use the internet for banking, investing, research, buying things, sending flowers, booking travel flights and tours, paying their bills, transferring money, checking bank account details and so on, **right from their own homes.**

I have observed the frustration of Seniors with their struggle to use cell phones, DVD players, TIVO, but predominantly computers. Often well meaning family and friends attempt to teach,

with poor results, because they don't realize what a challenge this is for the elderly. Learning from a professional improves their chance of success.

Learning begins with basic computer skills. Moving and clicking a mouse while trying to assimilate what is happening on the computer screen may be daunting in the beginning. Fortunately more and more Seniors are learning how to use their computers safely. They are learning how to keep in touch with their grandchildren and their family members by using the Internet and eMail. Computer training is helping Seniors live better connected lives As a computer teacher, I have had the honor and privilege of helping many Seniors learn how to use their computers. It is very new to many of them, but they are learning the computer skills they need to be safe and productive. They have learned it can be interesting and fun!

**Get Computer Help**

- Setting up printers
- Troubleshooting problems
- eMail setup
- Internet connections
- Antivirus setup
- Digital cameras

**Computer Consulting**

- Evaluate needs and abilities
- Recommend a computer
- Purchase your computer
- Setup the computer in home

**Computer Security Tips**

- Tips against ID theft
- Avoid Spam
- Avoid online scams